



# Tee It Up for Walk It Off

SPINAL CORD RECOVERY AND WELLNESS CENTRE



7<sup>th</sup> Annual Fundraising Golf Tournament

## July 20<sup>th</sup>, 2018

Tickets: \$150 per person - includes 18 holes, cart, driving range, tournament gift, passport, as well as lunch and dinner

Early bird draw (Golf for Four at the Highlands) for tickets purchased before June 10<sup>th</sup>, 2018

Silent Auction to Raise Funds for Walk It Off!!!!

Registration & Driving Range - 11:30 am

Lunch - Noon

Shotgun Start - 1:00 pm

Dinner - 6:30 pm

Dinner Only Tickets - \$40



The Highlands Golf Club

Hole in One  
Longest Drive  
Straightest Drive  
Closest to the Pin  
... plus other on-course challenges

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WALK IT OFF Spinal Cord Wellness Centre Inc is a Not-For-Profit organization that provides exercise-based recovery, education and support to those living with spinal cord injuries (SCI) and neurological dysfunction. We aim to improve quality of life and increase independence by maximizing recovery.